

Dudley Healthy Living Optician Framework

LOCAL HEALTH NEED

NEED	CORE	Level 1 Promotion	Level 2 Prevention
Smoking	Health promotion, self care, signposting	Pro-active health promotion, brief advice, assess willingness, Stop Smoking service	Cancer awareness
Alcohol	Health promotion, self care, signposting	Pro-active health promotion, Alcohol IBA service	Cancer awareness
Obesity	Health promotion, self care, signposting	Pro-active health promotion, brief advice, assess willingness, signpost to services	Weight Management service
Health Checks	Health promotion, self care, signposting	Pro-active health promotion, brief advice, signpost to services	NHS Health Checks service
Physical Activity	Health promotion, self care, signposting	Pro-active health promotion, brief advice, assess willingness, signpost to services	Healthy lifestyle consultation service
Other	Health promotion, self care, signposting	Oral health, mens health, travel health, sun, breastfeeding and mental health awareness	<i>Cancer screening and treatment adherence support</i>
Workforce Development	Core capabilities	Health Champion Leadership skills	Behavioural change skills Leadership skills
Environment	GOC standards	Advanced IT and premises	Enhanced IT and premises
Engagement	Operational	Primary Care	Community

Key: HLC led behaviours in [normal type], **currently commissioned services in [bold]**, *potential future services in [italics]*

OPTICAL PRACTICE CAPABILITY